

ANNAROSE *QUINN*



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ABOUT *Annarose*

Annarose Quinn is a speaker and advocate dedicated to transforming the way collegiate organizations approach sexual assault prevention and campus culture. Through her organization, 50fifty, Annarose moves beyond standard lectures by facilitating conversations that bridge the gap between awareness and action.

Known for her story-led approach, Annarose has reached thousands of students across 30+ unique Greek life organizations. She is uniquely skilled at engaging audiences in traditionally tough conversations by replacing stigma with practical tools for leadership. Annarose empowers students to create environments where every person feels safe, validated, and accountable for one another.



KEYNOTE

Topics



We Keep Us Safe: How Women Can Protect, Support, and Show Up for Each Other
Safety isn't just about avoiding danger—it's about building the kind of community where no one gets left behind. This motivational keynote equips women with practical tools to stay vigilant, look out for their friends, and support survivors with confidence and compassion.

See Something, Say Something: A Fraternity's Guide to Building Safer Communities
Most men want to do the right thing—they just don't always know what that looks like in the moment. In this candid, unfiltered conversation, Annarose shares her own experience as a survivor and gives audiences the language, tools, and courage to recognize warning signs in their peers and actually intervene.

Know Better, Do Better: A Framework for Radical Acceptance

Most people know what they need to change—they just haven't given themselves permission to start. This keynote introduces radical acceptance as a practical framework for getting honest with yourself, letting go of who you thought you'd be, and building something better from where you actually are.

Opportunities Are Everywhere: Build a Life That Doesn't Look Like Anyone Else's

The most defining moments of your career won't come from a job posting—they'll come from staying curious and saying yes before you feel ready. This keynote challenges audiences to stop waiting for permission and start recognizing the opportunities already in front of them.

The Long Game: What Perseverance Actually Looks Like Up Close

Perseverance isn't glamorous, and anyone who tells you otherwise is selling something. Drawing from her own story of building a corporate career, a company, and a nonprofit simultaneously, Annarose gets honest about what it takes to keep going when the timeline is longer than you expected.

The Early Career Playbook: What Nobody Told You Before You Got Here

Nobody hands you a roadmap for your twenties, and most of the advice you got was written for a world that doesn't exist anymore. This keynote gives early career professionals the honest, practical tools to navigate ambiguity, build credibility fast, and create a career that's actually theirs.

Marketing for Humans: How to Connect, Communicate, and Actually Be Remembered

Great marketing isn't about algorithms or ad spend—it's about understanding people well enough to meet them where they are. This keynote breaks down the fundamentals of modern marketing in a way that's practical, approachable, and immediately applicable whether you're building a brand, a business, or a career.



FOLLOWING

FOLLOWERS

11K

MONTHLY VIEWS

120K

TOTAL LIKES

1.4M

AUDIENCE

AGE RANGE

56% 18-24

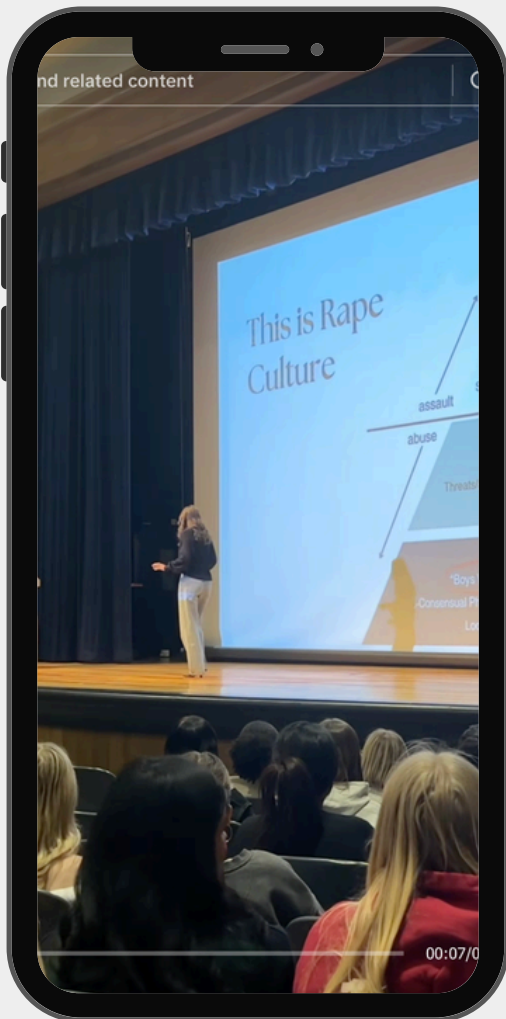
32% 25-34

GENDER

73% FEMALE



My Content



4.5M views
893k likes
8,430 comments
101k saves



868k views
215.4k likes
645 comments
26.8k saves



4.87 / 5.0 Average Informative Rating.

97% of participants report they are likely to share these insights with their peers.

71% of all attendees give the session a "Perfect Sweep" (5/5 across all categories).



OUR IMPACT

Fraternity Testimonials



"I haven't seen our chapter members that engaged by anything in a while."

– Member, Kappa Sigma UofA

"This was a very powerful presentation and it really touched me and a lot of people. I feel like this really motivates me to spread awareness on this and want to help not just my friends but everyone who has suffered from this."

– Member, Phi Gamma Delta UofA

"The information presented was honestly eye opening. I now know what I need to look for and how to prevent something horrible from happening."

– Member, Delta Kappa Epsilon UofA

"From the speakers we've had at our chapters across my years in my fraternity, I want to say that you are easily one of the most engaging and informative speakers we've had. Thank you."

– Member, Phi Gamma Delta UofA

Sorority Testimonials



"I thought this was extremely informative and helpful, as you were talking i already was thinking people i want to talk to about this stuff. As awkward as the conversation can be you gave me enough information to feel more comfortable talking about this."

– Member, Chi Omega NAU

"This was amazing and I feel very confident to create changes when i'm out now. I was touched by the story and want to do my part to make things better. "

– Member, Sigma Kappa NAU

"Thank you so much for everything you do! You have made an impact on so many women's lives through this and we appreciate you!"

– Member, Kappa Alpha Theta, UA

"You educated myself and I'm sure all the others so much on such important information that was long overdue for me to understand. I want to thank you so so much for that and for your strength to speak on it. You are so inspiring and were incredibly well spoken. This was one of the most educational and attention grabbing presentations I have heard in a long time. Thank you again - you taught me so much and I'm so proud of you!"

– Member, Delta Delta Delta FSU

Rates

Chapter Presentation / \$750

Keynote / \$2,500

½ Day Workshop / \$5,000

Semester Partnership / Custom

ALL PRICES ARE APPROXIMATE. REQUEST A CUSTOMIZED QUOTE. T&E NOT INCLUDED.



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